

# MITZVAH DAY 2019

## FEBRUARY 10



### SCHEDULE OF EVENTS

9:00 AM	Registration
10:15 AM	Opening Ceremony & Guest Speaker
11:15 AM	Mitzvah Projects Commence



# PROJECTS

## 1. Bake Sale

**Activity:** Volunteer at our bake sale and sell baked goods.

**Ages:** 10 and older

## 2. Children's Safe Harbor

**Description:** We provide a safe harbor and support to at risk children, youth, and families-keeping brothers and sisters together, strengthening families, and guiding youth towards independence.

**Activity:** Make bags filled with items for the Children's Safe Harbor. We will provide bags to be decorated. Please bring stencils and fabric markers.

**What to bring:** All ITEMS MUST BE NEW! Tissues, paper towels, toilet paper, cleaning supplies, laundry detergent, toiletries (full size), brushes/combs, feminine hygiene products, clothing for children, baby supplies: bibs, diapers, wipes, onesies, Bedding and linens (twin)

**Ages:** All Ages

## 3. Give a Bag of Hope "Women Empowering Women"

**Description:** At Chapman Partnership we empower homeless men, women and children to build a positive future by providing the resources and assistance critical to growth and independence. Women in Distress is a full domestic violence center offering intervention, education and advocacy.

**Activity:** Help the TBE Sisterhood support the Chapman Partnership and Women in Distress by filling bags with toiletries.

**What to bring:** gently used handbags, purses or backpacks, shampoo, conditioner, toothbrushes, toothpaste, deodorant, band aids, sanitary items, fingernail kit, sewing kit, small note pads, pens & pencils. Any necessity you can think of that would fit in a woman's purse.

**Ages:** All Ages

## 4. Hearts for Kylee Foundation

**Description:** Hearts for Kylee is a non-profit for children who have or need cardiac replacements or cardiac care.

**Activity:** Stuffing Hearts for Kylee Care Packages. We will provide bags to be decorated. Please bring stencils and fabric markers.

**What to bring:** gas cards, toiletries, small notepads, pens, chapstick, kids socks (with rubber soles), pink gift bags, adult socks (rubber soles).

**Ages:** All Ages

## 5. Humane Society of Broward County- Dog Treats

**Description:** Advocating for and improving the lives of animals by providing adoptions, community services, and education.

**Activity # 1 - Dog Treats:** We will be making dog treats with a chef and donate the treats to the Humane Society.

**What to bring:** Ingredients for the dog treats: Vegetable Oil, Eggs, Crunchy Peanut Butter, Vanilla, Whole Wheat Flour, Unbleached Flour, Cornmeal, Rolled Oats, Bowls, Rolling Pins, Gift cards: Home Depot, Lowes, Petco and Pet Supermarket

**Ages:** This is very hands on for the young and old!! (Any Age)

**Activity # 2 - Doggy Bags:** We will be making "doggy bags" for the animals at the Humane Society.

**What to bring:** dog and cat toys, treats, paper towels, timothy hay, dog shampoo, hand sanitizer, peanut butter, oatmeal, new or gently used towels.

**Ages:** All Ages

# PROJECTS

## 6. Jubilee Center of South Broward

**Description:** Provides emergency resources and relief from hunger & despair.

**Activity:** Prepare sandwiches for the homeless.

**What to bring:** Peanut butter & jelly, bread, zip lock sandwich bags, juice boxes, and individual bags of chips.

**Ages:** 5 and older

## 7. Kids Can

**Description:** Kids Can is based on the concept of kids helping kids. Our mission is to unlock the potential in our children by empowering them with the opportunity to give back to the community and enrich the lives of children who may be less fortunate.

**Activity:** Stuff bags and make cards for children in the hospital. We will provide bags to be decorated. Please bring stencils and fabric markers.

**What to bring:** Drawstring bags, coloring books, crayons, activity books, stuffed animals, small toys, small board games, deck of cards.

**Ages:** All Ages

## 8. Kids Helping Kids

**Description:** The "Kids Helping Kids" program educates children at an early age of the importance of giving back and helping other children.

**Activity:** Help stuff backpacks for Broward County School Kids in Need.

**What to bring:** New or gently used backpacks, School supplies - such as pencils, folders, glue sticks, composition notebooks, erasers, colored pencils, crayons.

**Ages:** All Ages

## 9. Landscaping at Temple Beth Emet

**Activity:** Help us beautify the landscaping around Temple Beth Emet, the playground, sanctuary & surrounding areas

**What to bring:** Bring gardening tools, gloves, sunscreen and hats. Donate plants, trees and mulch.

**Ages:** 10 and older

## 10. Love What Matters

**Activity:** Help stuff Blessing Bags to give to the homeless

**What to bring:** Toiletries, snack food, wipes, deodorant, comb, brush, food gift cards, etc.

**Ages:** All Ages

## 11. Memorial Manor Nursing Home

**Description:** Memorial Manor offers long-term care and short-term rehabilitative services.

**Activity:** Arrange flower bouquets & Cards for senior residents, then have a volunteer deliver the arrangements.

**What to bring:** Vases and tissue paper

**Ages:** All Ages

## 12. Pantene Beautiful Lengths Hair Donation

**Description:** Pantene Beautiful Lengths is a charity campaign that allows individuals to donate hair for women who have lost their own due to cancer treatment.

**Activity:** Donate 10" or longer of hair to be made into hairpieces for children. Hairdresser will be present at the Temple to provide free haircut. Hair must be free from chemical damage.

**Ages:** All Ages

# PROJECTS

## **13. Pace Center for Girls – Decorate Bags**

**Description:** PACE provides girls and young women an opportunity for a better future through education, counseling, training and advocacy.

**Activity #1 – Decorate Bags:** Make bags filled with items for the girls. We will provide bags to be decorated. Please bring stencils and fabric markers.

**What to bring:** Feminine hygiene products, deodorant, underwear sizes 10-12, 12-16 and women's sizes, socks, training bras, school supplies.

**Ages:** All Ages

**Activity #2 – Off Campus:** Help unpack, sort, inventory and stock shelves at PACE located at 2225 N Andrews Ave, Fort Lauderdale, FL 33311

The activity is from **NOON – 2:00 PM**

**What to bring:** non-perishable food items

**Ages:** 18 and older

## **14. Precious Dreams**

**Description:** Precious Dreams supports the well-being of foster and homeless children by using a special technique focused on using bedtime necessities and positive reinforcement to empower children to recognize and focus on their dreams.

**Activity:** Providing Comfort Bags for foster and homeless children.

**What to bring:** All items must be NEW. Small fleece blanket, fun small pillow, high socks for ages 6-10, a stress squeeze toy or spinner, a journal for teens or a children's story book, a stuffed animal, eye mask to cover eyes while sleeping.

**Ages:** All Ages

## **15. Showering Love**

**Description:** Showering Love was created to restore dignity and hope to people experiencing homelessness with weekly showers to inspire the desire for self-sufficiency.

**Activity:** Help make shower bags for the homeless

**What to bring:** New: Socks, Under garments, t-shirts, 1 Day Bus passes, Gas Cards, Toothpaste, tooth brush, hygiene products, razors, combs, hair brushes, etc. and Gently used work boots

**Ages:** All Ages

## **16. The Cupboard at JFS (Off Campus Activity)\***

**Description:** A kosher food pantry aiming to wipe out hunger in the Jewish community.

**Activity:** Help unpack, sort, inventory and stock shelves at the Cupboard located at 4703 S.W. 51 STREET BAY #5 DAVIE, FL 33314. The activity is from **NOON – 2:00 PM**

**What to bring:** ALL ITEMS MUST BE KOSHER: oil, sugar, dry goods, beans, flour, ketchup, mayo, mustard, applesauce, salad dressing, peanut butter, cereal, rice, juice boxes, cookies, crackers and oatmeal.

**Ages:** 6 and older

## **17. United Cerebral Palsy (Off Campus Activity)\***

**Description:** Our mission is to affect positively: The quality of life for persons with cerebral palsy and other developmental disabilities; to meet their multiple needs and those of their families; and to prevent developmental disabilities and minimize their effects.

**Activity:** Join us for a pizza lunch with developmentally disabled adults. Volunteers to accompany Cantor Jan and the choir to sing at lunch...

**What to bring:** Fresh flowers, colored cellophane, ribbon, tape.

**Ages:** All Ages

## ADDITIONAL OPPORTUNITIES TO GIVE

*\*Please bring all items to each organization in the Lobby. We will no longer have a quartermaster distribution area.*

### 1. Alex's Lemonade Stand

Buy lemonade or make a donation.



### 2. Bake Sale



Purchase items from the Bake Sale to support Mitzvah Day

### 3. Becca's Closet



Donate new and used formal wear/shoes in all sizes.

### 4. Blood Drive



Donate blood to the Community Blood Centers of South Florida

### 5. Broward Meals on Wheels



Donate gift cards to Publix, Walmart, or Target

### 6. Cupboard at JFS



Donate Kosher and non-kosher non-perishable food items.

### 7. Gift of Life Bone Marrow Foundation



Become a donor of bone marrow. Help them raise money and Volunteer at Fundraising events.

### 8. Gilda's Club



Donate gift cards to Publix/Walmart, paper products, coffee, copy paper, bottled water, large cooler, Go Pro.

### 9. Head Huggers

Head Huggers knits blankets and caps for children and adults with cancer Please donate yarn and knitting needles.



### 9. Jeans for Teens

Donate gently used jeans of all sizes.



### 10. MS Walk



Learn more about this organization & how to help fund this cause.

### 11. Operation Gratitude



Stop by and write a letter to our service men and woman

### 12. Soles for Souls

Donate gently used shoes of all sizes.



### 13. Stirling Room

Drop off box for donations of coffee, toilet paper, paper towels, sugar, powder creamer, disposable coffee cups.

### 14. Turtle Hospital



Learn more about this organization & how to help fund this cause.

### 15. WeCare



Donate non-perishable food items, small toiletries, paper products, baby food, diapers and wipes.

### 16. We Finish Together



Donate medals from your community these can come from any distance races, spelling bees, any sport!